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MPCL 007 Practical Course MAPC First Year by Online/ Virtual mode

(This document is for the learners of MAPC upto July 2020 Session. In other words, learners who have registered for July 2020 are also eligible to read this document. Please read this document before attending the Online/Virtual Practical session for MPCL 007)

1. **What is MPCL 007:** MPCL 007 is Practical Course in MA First Year Psychology programme with the course title **Experimental Psychology and Psychological Testing**.

You must have received the Practical Handbook (MPCL 007) by now; if not then you may access the softcopy from <http://egyankosh.ac.in/bitstream/123456789/20981/5/PG-MPCL-007.pdf>. It is important to read the Handbook carefully to develop an overview about psychological testing and experiments.

2. Practical online/virtual Session of MPCL 007: Since Face-to-face lab work is not possible in the present Pandemic crisis, instead of lab certain Activity/Test have been prescribed by the School of Social Sciences, Discipline of Psychology to be completed by the learners for reflection as Internal component in the Grade card of June 2021 Term End Examination. Hence, learners upto July 2020 admission will be called for this online practical session by the LSC to which the Learners *(who have opted inter-region transfer to Cochin Regional Centre)* are attached.

There are two LSC namely LSC 14000 [IGNOU Model Study Centre (14000) Regional Centre, Campus, Cochin, 687 017; email: ignousc14000@gmail.com] and LSC 14169 [Danahalaya Institute of Formation and Counseling Centre (14169) Punnapra, Alappuzha 688004 ; email: danahalaya@gmail.com]. The combined Practical Online Session Schedule including both of the LSC has been uploaded in the IGNOU Cochin Regional Centre Website

<http://rccochin.ignou.ac.in/> . Hence, please check the Practical Online Session Schedule irrespective of whether you have had opted the LSC as 14000 or 14169.

3. **What the learners have to do if the minimum period is passed:** For those learners whose minimum period has passed, and are at the verge of maximum period, the learners need to check the validity. The validity of registration can be checked from IGNOU website www.ignou.ac.in under the link: <https://admission.ignou.ac.in/changeadmdata/AdmissionStatusNew.ASP> . Kindly note that with effect from June 2021 there is no re-admission.
4. **What the learners have to do if the MPCL 007 is not yet successfully completed:** Please check the Grade Card status in the link <https://gradecard.ignou.ac.in/gradecardR/Result.asp>. If as a learner you have already appeared and not secured 40% in the external component and have been declared to have "not successfully completed" you need to appear again only for external component to secure the minimum passing mark, after remitting Rs.1950/- by means of a DD drawn in favour of IGNOU Payable at Cochin along with a photocopy of your IGNOU Identity card.

Kindly note that, only if you as a learner have passed the Internal component, you would have been allowed to appear in external component of MPCL 007. Hence, you need not attend the online/virtual practical session for MPCL 007 for the internal component. However, you need to register yourself to appear in the External Viva-Voce of MPCL007, after remitting Rs.1950/- by means of a DD drawn in favour of IGNOU Payable at Cochin along with a photocopy of your IGNOU Identity card.

5. **No provision for improvement of the successfully completed MPCL 007:** There is no provision for improvement of the awards of the MPCL 007. Hence, if you as a learner have successfully completed MPCL 007, you as a learner are not eligible to attend this Practical online/virtual session for MPCL 007.
6. **Components of the Practical online/virtual Session of MPCL 007:** There are Six Activity/Test for the online practical session of MPCL 007. The six Activity will be held in two session of two hour duration each.

- 7. Attendance for Practical online/virtual Session of MPCL 007:** The Attendance for practical of MPCL 007 held through online is compulsory.

Attendance will be taken for all Six Activity/Test held in two session of two hours duration each.

It is not expected to leave the Practical online/virtual session now and then. Hence, kindly ensure that you are physically present in front of video during the online practical session. Please be formally dressed as expected in a class room.

- 8. What to do during the Practical online/virtual Session of MPCL 007:** Kindly keep your IGNOU Identity Card in hand while attending the online practical session of MPCL 007. When your name is called, you are expected to show your IGNOU Identity Card in front of Camera both photo and Enrolment number and then your face so that your face is matched with the photograph in the IGNOU Identity Card.

Please be attentive to the deliberations made. Please ask your queries without hesitation. Please limit your conversation to the practical session of MPCL007. For queries related to any other matter other than the academic matter of MPCL007, please send an email to rccochin@ignou.ac.in.

- 9. How to know the batch:** The batch-wise, dated-wise, Enrolment number-wise list has been uploaded at Regional Centre, Cochin website. You can enter your Enrolment number and locate your batch under date.

Please be informed that over 1500 learners spread across the session of admission are being batched to attend the practical online/virtual session. Hence, kindly note that change of batch/date is not permissible.

- 10. Link for the Practical online/virtual Session of MPCL 007:** Link will be created and shared with you as a learner by email for you to participate in the practical online session. Please do not share the link with anyone for it will amount to impersonation, which is a punishable offence. As such you have to do Six Activity/Test held in two session of two hours duration each as given in the schedule where your Enrolment number has been mentioned using the

same link. Please be informed that the proceeding of the virtual practical session will be recorded.

11. **Inability to attend Practical online/virtual Session of MPCL 007:** In the event of you not attending the practical online/virtual session this time you will have to represent to the LSC to which you are attached marking a copy to the Regional Centre, so that you would be included in the Practical Session schedule for MPCL007 in the next session.
12. **What if failed in Practical online/virtual Session of MPCL 007:** In case you fail to secure the passing mark of 40% in the Practical online/virtual Session of MPCL 007, there won't be any supplementary examination for practical for this session. Hence, it is suggested that with diligence you do the Activity. The passing mark for internal component of MPCL 007 is 40%.

In the event of you not successfully completing the practical online/virtual session this time you will have to represent to the LSC to which you are attached to so that you would be included in the Practical Session schedule for MPCL007 in the next session. In addition, Pro-rata fees has to be paid by means of Demand Draft drawn in favour of Regional Centre payable at Cochin.

13. **What to do before the Practical online/virtual Session of MPCL 007:** Please go through the link for these tests till you get a thorough understanding of the test, test history, any theory/frame work that it is based upon and the construct that the test is assessing. It is acknowledged that the entire link for the test has been provided from Open Education Resource. Also note that the test are primarily meant to create awareness and or meant for educational purpose only.

For activity, an article link or video link related to activity has been provided to you, after which instruction will be given to complete the task. While doing activity do not copy content verbatim from any offline or online resources. But, please do write the contents in your own words.

Kindly be informed that you need to be thorough with all the Six Activity/Test so that you are ready to be examined by Viva-Voce as the external component evaluation for MPCL 007.

You have to administer Test on self or family members or an acquaintance. Hence, select the subject prior to administering the test. Please be informed that you need to document about on whom you will be administered the Activity/Test.

14. Activity/Test prescribed by the School of Social Sciences, Discipline of Psychology for Practical online/virtual Session of MPCL 007: The Activity/Test prescribed by the School of Social Sciences, Discipline of Psychology for Practical online/virtual Session of MPCL 007 are given below:

14.1 Activity/Test No.1 :

You have read about Social Learning Theory and Social Cognitive Theory. The famous Bobo Doll Experiment (Bandura) answers many questions in understanding patterns of human behaviour.

Visit the link below, read the self-learning material and answer the questions: <https://www.youtube.com/watch?v=ZOiWpSNu3NU>

Difference between Social Learning Theory and Social Cognitive Theory.
Applications of Social Learning Theory.

Based on the theory and its application, do you think violence is contagious?

14.2 Activity/Test No.2 :

<https://www.multipleintelligencesoasis.org/blog/2020/9/1/67pmqk1mg1uzre4qlcxetz6pbl3ayj> Visit the above link from Howard Gardner's blog, (Dated 1st September, 2020), where Robert J. Sternberg has written on 'COVID-19 has truly taught us what intelligence is...' and about the ability to adapt to the environment.

Read the different theories of intelligence as well as the Sternberg's article and write your interpretation about what true intelligence is.

14.3 Activity/Test No.3 :

Interview an older adult (interview can be done telephonically or in a face-to-face mode, as the situation permits)

- 1.To understand the process of ageing;
- 2.Family profile (parents, siblings, education, etc.);
- 3.Thoughts on ageing, and have they changed over the years;
- 4.Has the participant been able to promote one's wellness?

- 5.View on healthcare and coping with physical and psychological challenges
- 6.Any specific stereotypes towards old age.

As an interviewer, you may ask any other relevant question appropriate for the situation. Record the interview (with permission), and thematically analyze the interview responses.

14.4. Activity/Test No.4 :

Locus of Control

Rotter (1966) defined locus of control as a 'personality trait referring to a person's stable beliefs about personal efficacy'. Internal locus of control refers to the tendency to perceive the life outcomes as a result of one's action and to be under one's control. External locus of control refers to the tendency to perceive life outcomes because of chance factors or powerful others. Since then, psychologists have added various dimensions to it and many scales have been constructed.

Visit the link Locus of Control (uaex.edu) and follow the steps as given to complete the self- administered scale on locus of control. It is for personal use only. The test can be administered first on self and then on one of the family members/ acquaintance/friends/neighbor/colleagues. Self-administration is for your practice and to get acquainted with the test. While administering on self, you need to read the instructions carefully as mentioned in the test. When you administer the test on someone else, remember first to establish rapport and communicate that the responses will be kept confidential. Instructions will be given to the participant as mentioned in the test. The scores will be interpreted as per the norms indicated against the test.

Once the test is completed, you need to prepare a report based on the test administration. The report needs to be typed in word document. The test administered needs to be enclosed in the document. **Follow the format for report preparation as has been mentioned in the Handbook in Page 9 under Section 4 and apply to this Activity/Test.** You may adapt to the present context wherever it is required, but overall refer to the format in the handbook (sequence to be followed). Separate section on reference

written in APA format after writing each of the Activity/Test should be there at the end.

Note: Test run of the link provided in this activity/test is found not to proceed in certain peripheral. Hence, the Academic Counselor handling the Practical Session will explain the features as apt to understand this activity/test so as to facilitate you to the Record work.

The Programme Coordinator for MAPC, IGNOU has given the link <https://www.uaex.edu/life-skills-wellness/personal-finance/Locus-of-Control.pdf> which may please be used.

14.5. Activity/Test No.5 :

Cattell's 16 P.F

<https://openpsychometrics.org/tests/16PF.php>

The above link is related to the Personality test based on Raymond B. Cattell's personality theory. It is for personal use only. The test will be administered first on self and then on one of the family members/acquaintance/friends/neighbor/colleagues. Self-administration is for your practice and to get acquainted with the test. While administering on self, you need to read the instructions carefully as mentioned in the test. When you administer the test on someone else, remember first to establish rapport and communicate that the responses will be kept confidential. Instructions will be given to the participant as mentioned in the test. The scores will be interpreted as per the norms indicated against the test.

Once the test is completed, you need to prepare a report based on the test administration. The report needs to be typed in word document. The test administered needs to be enclosed in the document. Follow the format for report preparation as has been mentioned in the Handbook. You may adapt to the present context wherever it is required, but overall refer to the format in the handbook (sequence to be followed).

<https://deepblue.lib.umich.edu/bitstream/handle/2027.42/92158/TheHaloEffect.pdf>

14.6. Activity/Test No.6 :

Watch the above link on the 'halo effect' experiment conducted by Nisbett and Wilson (1977). In the light of the above video, answer the following:

1. The key takeaways from the main experiment.
2. How is halo effect being used to one's advantage?
3. Find the application and common uses of halo effect.
4. Is there any relationship between learned behaviour and halo effect?

- 15. What to do after Attending the Practical online/virtual Session of MPCL 007:** After the practical session (internal component) you are expected to prepare a document/record which has to be hand written.

The record work should be of approximately 15-20 pages excluding picture, personal comments/figure on the Six activity/ test done in two session of two hours duration each.

The written record for MPCL 007 need to be sent either by Speed post or submitted in person at Regional Centre, Cochin. Please write on top of the envelope MPCL 007. It is also advised to keep a photocopy of the Record work for your reference later, as the original document will not be returned back after evaluation.

If you are submitting in person, you will be asked to drop in the drop box after entering in the Register in the Regional Centre.

Keeping the SOP for COVID 19, your Record will be manually touched after three days. Hence, to comply to social distancing, kindly send your written Record book for MPCL007 by Speed Post only.

Please write your Enrolment number, your contact details. Please enclose the print screen shot of the batch, IGNOU Identity card, Registration details if you are attending for the first time.

If you are attempting for the Second or further time, please enclose also the Grade card besides the print screen shot of the batch, IGNOU Identity card, Registration details.

As per your convenience you can either buy your record book (*One side ruled; once side blank-unruled*) from stationery shop/use unruled loose sheets to write the document after attending the practical session. The advantage of loose sheet is that errors can be easily replaced. But, while binding the document, loose sheets should be double checked for correctness of sequence of page number. Hence, it is suggested that you keep numbering pages as you are writing the document.

Follow the format for report preparation as has been mentioned in the Handbook in Page 9 under Section 4 and apply to the six Activity/Test covered in the Practical session. You may adapt to the present context wherever it is required, but sequence to be followed as in the format in the handbook. Separate section on reference written in APA format after writing each of the Activity/Test should be there at the end.

Please do not write the record/document before attending the practical session.

The document/record should have proper title page, table contents (mention the page number) and separate session on Reference written in APA format. The Page no. 25 (Appendix 1) and Page no. 26 (Appendix 2) of the Practical Handbook (MPCL 007) the softcopy of which can be accessed from <http://egyankosh.ac.in/bitstream/123456789/20981/5/PG-MPCL-007.pdf>.

Plagiarism check will be made within a batch and across the batches for the record work. Hence, please do not copy from your peer.

The record work and your interaction in the online/virtual practical session will be assessed by the Academic Counselor to contribute to the internal evaluation component of MPCL 007. The appearance of the document also matters while presenting to the external evaluator. The Internal evaluator will not be present during the external Viva-Voce evaluation component session. Hence, your record should be complete and self-defending to prove its validity. The front page of the record should have the Cover page, Page no. 25 (Appendix 1) and Page no. 26 (Appendix 2) as given in the pages of MPCL 007 hand book available in the link.

The feature assessed are your attendance, your understanding of the matter, your interaction with the Academic Counselor, besides the written document wherein you are organised and presented the content based on practical session and your overall understanding of the test/activity as reflected in the report.

You are expected to submit the written record work with Seven days after the conduct of the virtual practical session for MPCL007.

16. Eligibility for appearing in the External Component (Viva-Voce) of the Practical online/virtual Session of MPCL 007: Kindly note that, only if you as a learner have passed the Internal component, you would have been allowed to appear in external component of MPCL 007. The date of the External Component (Viva-Voce) of the Practical online/virtual Session of MPCL 007 will be informed in the Regional Centre Website.

Our Good wishes to you !

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